



FEBRUARY 2023

Neptune Beach Senior Activity Center

NEPTUNE HOUSE IN JARBOE PARK

1101 Fifth Street

Neptune Beach, Florida 32266

904-749-0048

Email dsc@nbfl.us

<https://www.nbfl.gov/senior-center>

MONDAY	9AM-11:30AM	HANDWORK WITH FRIENDS
	9AM-NOON	OPEN PLAY CARDS/CANASTA/GAMES-BRING YOUR FRIENDS
	10AM-NOON	PAINTING WITH LINDA (FEB. 6 & 20 ONLY)
	1PM-3PM	BRIDGE CLASS WITH PEGGY (BEGINNING IN MARCH 2023)
TUESDAY	9:15AM-10AM	TAI CHI FOR HEALTH & WELLNESS WITH ART JONES (FEB 14,21,28 ONLY)
	10:30AM-11:30AM	STRENGTH & BALANCE WITH ART JONES (FEB. 14,21,28 ONLY)
	1:30PM-2:30PM	CHAIR YOGA WITH CHARITY & JEAN (FEB.21 & 28 ONLY)
	3PM-4PM	LINE DANCING WITH SHIRLEY YOUNG (NOT FEBRUARY 14)
WEDNESDAY	9:15AM-10:15AM	CENTER COFFEE CHAT WITH FRIENDS OLD & NEW
	9:00AM-1PM	OPEN PLAY CARDS/ MAH JONG/GAMES
	2:00PM-4:30PM	MIDWEEK MATINEE AT THE MOVIES-DIRECTOR'S CHOICE
THURSDAY	9:15AM-10AM	TAI CHI FOR HEALTH & WELLNESS WITH ART JONES
	10:30AM-11:30AM	GENTLE YOGA WITH MARY BETH CROOM
	1PM-2PM	LINE DANCING WITH SHIRLEY YOUNG
	2:30PM-3:30PM	STRENGTH & BALANCE WITH ART JONES
FRIDAY	9AM-2PM	QUILTING; SIT & SEW; EMBROIDERY GROUP
	NOON-4PM	OPEN PLAY CARDS OR GAMES OF CHOICE

MAKE YOUR RESERVATIONS FOR THESE SPECIAL OPPORTUNITIES:

"TEA WITH A TWIST SOCIAL"

TUESDAY, FEBRUARY 14, VALENTINES DAY 3PM

LIMITED TO 40 SEATS

BROADWAY IN JACKSONVILLE 50TH ANNIVERSARY OF

"JESUS CHRIST SUPER STAR"

WEDNESDAY, MARCH 22, 2023 DEPARTURE @ 6:15PM

PRETHEATER FARE, LUXURY CHARTER TRANSPORTATION,

CENTER ORCHESTRA SEATING, \$140PP; CALL 904-749-0068

NO CLASSES BEFORE 2:30PM FIRST TUESDAY OF EVERY MONTH

TRAVEL WITH US!

BROCHURES NATIONAL PARKS, ITALY, ALASKA,

OR YOUR BUCKET LIST DESTINATIONS

WITH OUR TRAVEL PARTNERS COLLETTE VACATIONS,

OVERSEAS ADVENTURE TRAVEL, & PREMIER WORLD DISCOVERY