

MARCH



2023

**Neptune Beach Senior Activity Center
NEPTUNE HOUSE IN JARBOE PARK**

HANDWORK WITH FRIENDS

9AM-NOON
10AM-NOON

OPEN PLAY CARDS/CANASTA/GAMES-BRING YOUR FRIENDS
PAINTING WITH LINDA (MAR. 6 & 20 ONLY)

1PM-3PM 1101 Fifth Street

Neptune Beach, Florida 32266

904-749-0068

Email dsc@nbfl.us

<https://www.nbfl.gov/senior-center>

MONDAY	9AM-11:30AM	BRIDGE CLASS WITH PEGGY (CHECK FOR START DATE)
	3:30PM-5PM	YOGA WITH JULIE ANDERSON
TUESDAY	9:15AM-10AM	TAI CHI FOR HEALTH & WELLNESS WITH ART JONES (MAR. 14, 21, 28 ONLY)
	10:30AM-11:30AM	STRENGTH & BALANCE WITH ART JONES (MAR. 14, 21, 28 ONLY)
	1:30PM-2:30PM	CHAIR YOGA WITH CHARITY & JEAN (MAR. 14, 21, & 28 ONLY)
	3PM-4PM	LINE DANCING WITH SHIRLEY YOUNG
WEDNESDAY	9:15AM-10:15AM	CENTER COFFEE CHAT WITH FRIENDS OLD & NEW
	9:00AM-1PM	OPEN PLAY CARDS/ MAH JONG/GAMES
	2:00PM-4:30PM	MIDWEEK MATINEE AT THE MOVIES (MAR. 1, 8, 22, 29 ONLY)
THURSDAY	9:15AM-10AM	TAI CHI FOR HEALTH & WELLNESS WITH ART JONES
	10:30AM-11:30AM	GENTLE YOGA WITH MARY BETH CROOM
	1PM-2PM	LINE DANCING WITH SHIRLEY YOUNG
	2:30PM-3:30PM	STRENGTH & BALANCE WITH ART JONES
FRIDAY	9AM-2PM	QUILTING; SIT & SEW; EMBROIDERY GROUP
	NOON-4PM	OPEN PLAY CARDS OR GAMES OF CHOICE

MAKE YOUR RESERVATIONS FOR THESE SPECIAL OPPORTUNITIES:

"BREAKFAST WITH BROOKS"

WEDNESDAY, MARCH 15 @ 9AM

LIMITED TO 40 SEATS

**HAPPY HIPPIE HOURS WITH COLLETTE!
PEOPLE TO MEET, PLACES TO GO, THINGS TO DO!
HERE, THERE, AND EVERYWHERE!
WEDNESDAY, MARCH 15 @ 2PM! RSVP NEEDED**

**BROADWAY IN JACKSONVILLE 50TH ANNIVERSARY OF
"JESUS CHRIST SUPER STAR"
WEDNESDAY, MARCH 22, 2023 DEPARTURE @ 6:15PM
PREHEATER FARE (5PM), LUXURY CHARTER TRANSPORTATION,
CENTER ORCHESTRA SEATING, \$140PP; CALL 904-749-0068**

**ACADEMY AWARD 2023 MOVIE SCHEDULE: MAR.1- "ELVIS;" MAR. 8- "EVERYTHING EVERYWHERE
ALL AT ONCE;" MAR. 22- "WOMEN TALKING;" MAR. 29- "THE FABELMANS"**